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- Researchers in the Faculty of Medicine have determined why inflammation in the hypothalamus can cause excess weight gain. [Read more](#)
- Jennifer Bent's thesis is much more than a book on a shelf. While at Memorial University, the master of science in medicine fall graduate had the opportunity to travel to Labrador and meet some of the patients impacted by her research project. [Read more](#)

Volunteers needed for Garden Clean-up

Calling all avid gardeners! The Faculty of Medicine's garden beds need attention before winter sets in. There is tidying to do and bulbs to plant in the front ovals and the Allderdice Memorial Garden at the side entrance. If you are interested in lending a hand, volunteers can meet Wednesday, Oct. 25 or Friday, Oct. 27 at 12 p.m. at the front entrance. Please dress for the occasion and bring your favourite hand tools for weeding or trimming spent perennials. There will be paper bags for garden waste and a couple of larger shovels on hand. Contact [Ann Dorward](#) or [Gina Barnes](#) with questions.

Upcoming Events

Health Professional Programs Open House and Explore Grad Studies

Learn about graduate program offerings in medicine, nursing and pharmacy at an open house, Wednesday, Oct. 25, 2-3 p.m. in the Faculty of Medicine Atrium. Stay for the Explore Graduate Studies presentation, 3-4 p.m., Faculty of Medicine, room 1M101.

4th Annual Hills for Humanity – The MUN Medicine Adventure Sports Club will be scaling Signal Hill every day for the month of October in support of Kaitlyn's Therapy Fund. Join them

any day of the week at the Battery Café as they take the North Head Trail. To donate: <https://gofund.me/d5ae241e>. Running/hiking [schedule](#).

Science on the Rock – Bones and Brews: Did you know that Forensic Anthropology can be used to help solve criminal cases?! Join Dr. Janna M Andronowski for a Science on the Rock talk at Quidi Vidi brewery on Monday, Oct. 30, 7 p.m. for an interactive and hands-on experience. For more information: <https://www.facebook.com/events/1253702768646447>

Monte Carlo Charity Gala – Save the date for the 47th annual Monte Carlo Charity Gala, Saturday, Nov. 25th at the Delta Hotel. Tickets will be available soon.

Brown Bag Luncheon with the President – Faculty, staff and students are invited to a brown bag luncheon with Dr. Neil Bose, president and vice-chancellor, *pro tempore*. Bring your own lunch and drop in anytime during the hour. Tuesday, Dec. 12, 12-1 p.m., 1M102.

Women’s Health Research Cluster Research Presentations – This session will feature short, blitz-style presentations by trainees about their undergraduate, graduate or post-doctoral research projects in women’s health. It includes presentations by Julia Craig, graduate student, Faculty of Medicine on Awareness of modifiable risk factors among patients in Newfoundland and Labrador experiencing female infertility: A patient-oriented research study; and Rebecca Maher, medical student, Faculty of Medicine on Obesity, infertility and exercise: A narrative review. Nov. 6, 3-4 p.m. PST. Register: <https://bit.ly/3PZwtpa>

Live CPD

Registration is now open for the [Family Medicine Lecture Series – October 2023](#). These live sessions are free and will be delivered virtually Friday mornings from 8–9 a.m. The October 2023 schedule includes this final remaining session:
Oct. 27, 2023 – Common Dermatological Issues in Primary Care – Practical Tips and Management with Dr. Boluwaji Ogunyemi

REGISTER NOW

*Please note: All those who wish to attend the sessions are required to register for the four-week block.

If you have questions, or would like to present or facilitate a session, contact Karla Simmons at karla.simmons@med.mun.ca.

ADHD and Disruptive Behaviour Disorders – Primary Care Practitioner Training In Child and Adolescent Psychiatry (PTCAP) Workshop

Complementing the PTCAP online module, this workshop equips primary care providers to support children with ADHD and disruptive behaviors. It promotes trust-building, facilitates mental health discussions, and provides strategies for long-term care.

Presenter: Dr. Margaret Steele & Dr. Stephen Darcy

Location: Virtual (via WebEx)

Date: Oct 28, 2023

Time: 10 a.m. – 12 p.m.

Registration: Free

For registration and more info: <https://www.med.mun.ca/oped/programs/4687>

Anxiety, Mood and Suicide – Primary Care Practitioner Training In Child and Adolescent Psychiatry (PTCAP) Workshop

This workshop enhances the PTCAP online module, aiding primary care providers in assisting children and families confronting anxiety, mood issues, or suicidality. It aims to foster trust, encourage open mental health discussions, and equip providers with skills for effective conversations, addressing concerns, offering hope, and planning long-term care.

Presenter: Dr. Kimberly Anne St. John & Dr. Stephen Darcy

Location: Virtual (via WebEx)

Date: Oct 28, 2023

Time: 1:00 PM-3:00 PM

Registration: Free

For registration and more info: <https://www.med.mun.ca/oped/programs/4688>

MDcme (Online Virtual CPD)

Earn Mainpro+ Self-Learning and Maintenance of Certification (Section 3 - Self Assessment) credits

- [Recognizing and Preventing Child Abuse for Health Professionals](#) – The purpose of this online course is to train health-care professionals to recognize, assess and document the signs and symptoms of suspected child abuse.
- [After Cancer Care](#) – Advances in the detection and treatment of cancer have resulted in more cancer patients surviving and thriving. This module examines some of the considerations for managing cancer survivors in your primary care practice.
- [Physician Training in Child and Adolescent Psychiatry \(PTCAP\) Series](#) – The PTCAP program aims to improve the health outcomes of children and adolescents with mental health problems in Canada by improving primary care practitioners' (PCPs) knowledge, recognition, assessment and management of child and youth mental health problems.
- [The Blood Transfusion Series](#) – A series of online educational programs to provide up-to-date professional education for transfusion prescribers, transfusionists, nurses and medical laboratory technologists in Newfoundland and Labrador.
- [Professionalism in Practice](#) – The purpose of this online course is to explore the concept of professionalism, how professionalism impacts both medical education and the modern practice of medicine in Newfoundland and Labrador, what behaviours are typically considered professional and which are perceived as unprofessional and outline the regulatory and policy framework governing medicine and medical education.

MUN Minds Peer Support

This student-run organization, led by trained peer supporters, strives to destigmatize mental health issues by creating safe spaces to come and talk. In addition to drop-in peer support hours, they host three peer support groups regularly on campus.

Peer Support – Mondays, 9-5; Tuesdays, 9-2; Wednesdays, 10-5; Thursdays, 9-10, 11-2, 3-4; Fridays, 9-12, 1-3; University Centre, UC-6017.

Cross-cultural connections – A peer support group for international students, 2-3 p.m.

Tuesdays, 6th floor, University Centre.

Creative Connections – Art-based trauma peer support group, Fridays, 2-3 p.m., 6th floor, University Centre.

Fidgets, Focus and Friends – ADHD peer support group, 2-3 p.m. Thursdays biweekly, 6th floor, University Centre. Questions? Email Isobel at ldmcmahon@mun.ca or Kati at katiw@mun.ca.

Awards and Honours

The Newfoundland and Labrador College of Family Physicians (NLCFP) presented the following awards at their 2023 annual conference:

- Mohamed Ravalia IMG Award – **Dr. Hany Henein**, a part-time clinical assistant professor in the Discipline of Family Medicine. [Read more](#)
- 2023 NLCFP Medical Student Orientation Award – **Brenda Lewis Negandhi** (BN'13), third-year medical student. [Read more](#)
- Award of Excellence – **Dr. Jacqueline Elliott** (BN'99; MD'03; PGY2 (Family Medicine)'04). [Read more](#)
- Award of Excellence – **Dr. Michelle Kennedy** (B.Sc.(Behavioural Neuroscience)'97; BN'03; MD'13; PGY2 (Family Medicine)'14). [Read more](#)
- Family Medicine Resident Award – **Dr. Melinda Noel** (Cert. '96; B.Sc.(Biochemistry – Dietetics)'97; MD'22). [Read more](#)
- My NL Family Doctor Award – **Dr. Elhamy Samak**, clinical assistant professor of Family Medicine. [Read more](#)
- Family Physician of the Year – **Dr. James Bowen**, Family Medicine

Alumni News

Dr. Humphrey Gardner has been appointed chief medical officer of Medicenna Therapeutics. Dr. Gardner completed his internship at Memorial University's Faculty of Medicine. [Read more](#)

In the News

Librarian Lindsay Alcock melds her interest in N.L. medicine and art in upcoming exhibition. [Read more](#) (CBC NL)

Laura Delahunty lives with MS and hopes scientists will be able to prevent it one day. She's raising money for MS research in N.L. with proceeds going to Memorial University. [Read more](#) or [Listen](#) (CBC NL)

Connecting the Dots

Connecting the Dots, the report from the Expert Panel on Health Data Sharing, was released Oct. 19 on www.cca-reports.ca. Angela Power, a health ethics and law in medicine lecturer from the Faculty of Medicine, served as a member of the panel.

From Newswire

Comments welcome on revised Indigenous research policy

Members of the university community are invited to review and provide feedback on a draft of its institutional Indigenous research policy. The Research Impacting Indigenous Groups Policy is undergoing substantial revisions, including a proposed new title. To learn more, and how to provide feedback, please see [here](#).

Seeking volunteers for Whale of a Day, Oct. 28

On Oct. 28, Memorial University will host the second annual Whale of a Day!

Families and friends are invited to unlock the treasures of the deep at an open house event taking place under and around the blue whale skeleton hanging in the Core Science Facility on the St. John's campus. The whale represents the diverse ocean-related expertise that "swims" across our campuses. Last year's Whale of a Day could not have been a success without the help of volunteers, making it the most beautiful treasure chest of discovery for all attendees. Several options are available if you would like to volunteer at this year's event. We hope individuals will commit to a block of time (or two or three or the entire day!) to help.

Volunteers will have the option to select from one of the blocks below. We request you arrive 15-20 minutes beforehand to get acquainted with your role.

- 9:30-10:30 a.m. sensory hour (limited numbers)
- 10:30 a.m.-12:15 p.m.
- 12:15-2 p.m.
- 2-4 p.m.

Please register [here](#) or copy the [link](#) into your browser. We appreciate your time and help!

Please note that the Communications Office email is now medcomms@mun.ca.